

SelmaMeyerMentoring programme

Since 2006, the SelmaMeyerMentoring programme has been supporting female scientists of five HHU* faculties to reach their highest potential by planning and developing their academic or extracurricular careers.

From the beginning, this successful programme has been instrumental at optimizing personal key competences for female early career researchers. Identifying and continuously developing their personal skills as well as building networks are systematically integrated in the career planning process.

The mentees gain a profound perspective into higher education, scientific politics as well business content. They have regular exchanges with their mentors or rather learn from their mentors strategies and self-respecting competences. In addition, mentoring opens the way to relative networks and benefits the development of additional networks. Building new contacts and networks furthers the mentees career planning.

The SelmaMeyerMentoring programme collaborates with the graduate academies qualifications programmes of Heinrich Research Academies (HeRA), meaning mentees can receive recognized credits for thematic workshops (and vice versa).



Professor Selma Meyer

The Heinrich Heine University in Düsseldorf mentoring programme owes its name to Germany's first female pediatric professor: Selma Meyer (1881 – 1958). Selma Meyer was the first female professor in pediatrics, the second at a German medicinal faculty and until 1932 the only female professor at the medicinal academy in Düsseldorf.

In 1916, following the admission of women to study medicine, Selma Meyer successfully earned her doctorate. After a practical year at the Berliner Charity, the gifted scientist was invited by professor Arthur Schlossmann to the Düsseldorf children's clinic in 1917, where, in 1921, she was named head doctor. In 1922, Selma Meyer was habilitated and became the first appointed female pediatrics professor in Düsseldorf, Germany. She practiced and taught at the Düsseldorf medical academy until the expulsion of Jewish professors in September 1933. Up until that moment she had zealously pursued her path in the treatment of children and in research, thereby making herself well known. She emigrated to the USA in 1939 where she opened a children's clinic in New York and worked there until her death.

Her inspiring example stands for the achievement of goals with academic, practical and ethical aspirations with which she paved the way through a patrimonial world.

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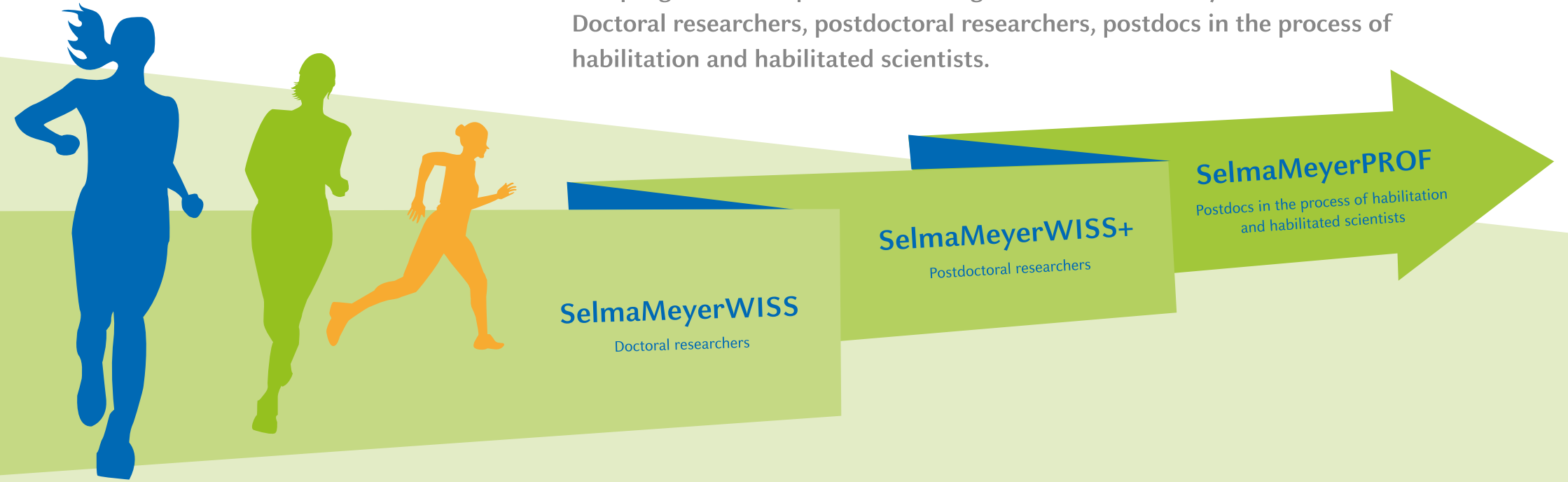
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SelmaMeyerMentoring programme

Comprehensive mentoring programme
for female early career researchers

* In the framework of cooperation central equal opportunities officers at Heinrich Heine University Düsseldorf and Bergisch University of Wuppertal enable female scientists to take part of the SelmaMeyerMentoring programme.

The programme is open to three target of the female early career researchers: Doctoral researchers, postdoctoral researchers, postdocs in the process of habilitation and habilitated scientists.



SelmaMeyerMentoring makes it possible for the female early career researchers to identify their personal skills and competences in order to develop and systematically implement them in planning their careers.

The programme appreciates and benefits from the voluntary engagement of the mentors who invest their time and effort in its mentees. The mentors are composed of professors from HHU and other higher education institutions as well as experts in leading positions outside of the university. Every exchange provides an insight into various fields in which the mentees can envision their future careers. The programme lasts 18 months.

SelmaMeyerMentoring is accompanied by a scientific board. The programme's patron is the President of Heinrich Heine University.

Due to the quality standards of the Forum Mentoring in Science association, the SelmaMeyerMentoring programme consists of three formats:

1 **Mentoring relations** with experienced leaders from higher education institutions, free enterprises, public service, political or cultural fields the individual and exact needs of each mentee are met by suggestions and proposals

2 **Workshops** to develop personal key competences and qualifications (career planning, conflict management, voice training, leadership skills, work application training, etc.)

3 Internal and general group **networking** meetings for mentees and alumni

For further information:
www.mentoring.hhu.de