



SelmaMeyerMentoring

Comprehensive mentoring programmes
for female early career researchers

Under the HHU President's patronage



SelmaMeyerMentoring focuses on empowering mentees, assisting in the strategic career planning and helping mentees to achieve their next professional milestone as a leader at a scientific institution, such as a university or university hospital, or in the private sector.

SelmaMeyerWISS
Doctoral researchers (in German)
Women In Science & Society
International early career researchers (in English)

SelmaMeyerMED+
Medical interns, natural science postdocs working in medicine (in German)

SelmaMeyerPROF
Postdocs in the advanced habilitation phase, junior research group leaders and junior professors (in German)

The SelmaMeyerMentoring programme has successfully been helping female early career researchers to advance their careers since 2006. The cross-faculty programme strands are aimed at female researchers of all faculties: doctoral researchers (in German and in English), medical interns, postdocs and researchers in the advanced habilitation phase or who have completed their habilitation.

The programme appreciates and benefits from the voluntary involvement of committed mentors. Mentors share their experience of university structures, challenges in academic career planning and professional expertise in the private sector with their mentees.

Mentees work closely with their mentors for 12 to 18 months and at the same time obtain the qualifications they need to become leaders in their chosen field. Together with their mentor, they plan their entirely individual career and identify and further their personal skills, make useful contacts and maintain the networks that evolve from these. The mentees support each other within their peer group.

Three components help to ensure the success of the SelmaMeyerMentoring programme due to the quality standards of the German federal association for mentoring in science Forum Mentoring e.V.

- 1 Mentoring relations** with experienced leaders from higher education institutions, the private sector, public service, political or cultural fields and professional organisations
- 2 Workshops** to develop key personal skills and qualifications (career planning, conflict management, voice training, leadership skills, work application training, etc.)
- 3 Networking** events for mentees, informal peer groups and formal receptions for all mentees, mentors and alumnae

Contact

Heinrich Heine University Dusseldorf
Central Equal Opportunities Office

Building: 16.11, Floor 00,
Rooms 21, 24, 26
Universitaetsstr. 1
40225 Dusseldorf

mentoring@hhu.de
www.mentoring.hhu.de

Ekaterina Masetkina M.A.
Head of Mentoring Programmes
Tel.: 0211 / 81-115 67

Semra Altinpinar
Assistant
Tel.: 0211 / 81-124 99

Malte Wessel
Student Assistant
Tel.: 0211 / 81-104 65

Equality Office/ Faculty of Medicine

Building: 17.11
Floor/Room: 03.05
Moorenstr. 5
40225 Dusseldorf

Annika Hof M.A.
Coordinator
of SelmaMeyerMED+
Tel.: 0211 / 81 - 065 65